



**Orgasmic
Birth**
The Best-Kept Secret

A documentary that examines the intimate nature of birth and the powerful role it plays in women's lives when they are permitted to experience it fully

www.orgasmicbirth.com

Orgasmic Birth Featured On ABC-TV's '20-20' Friday, January 2

January 5, 2009, New York, NY—*Orgasmic Birth*, a new documentary film by first time filmmaker Debra Pascali-Bonaro, generated tremendous attention and controversy when it was featured on a special presentation of "20/20" Friday, January 2.

Previously only seen at film festivals and educational screenings, the highly rated ABC program kicked off an hour-long special on extreme motherhood with a segment on *Orgasmic Birth* and ecstatic births. The segment featured Ms. Pascali-Bonaro along with OB/GYN Dr. Christiane Northrup, and several women whose births were featured in the film.

The film has shattered traditional impressions of labor and delivery by showing that the natural birth process can actually be a euphoric experience. "With 4.3 million babies born in the U.S. each year it's time to reexamine what we've been told and look to what is possible," says director Debra Pascali-Bonaro, an internationally renowned childbirth educator and doula who witnessed so many ecstatic births she was inspired to begin filming them. "If you don't know all your options then you don't have any. *Orgasmic Birth* will strip away your fears and reveal how to create a powerful and transformative experience. It is time to reclaim this sacred event."

Five years in the making, *Orgasmic Birth* has had an international impact on the film festival circuit and was screened this year at the prestigious Rio de Janeiro International Film Festival, Baltimore Women's Film Festival, Usti Film Festival in the Czech Republic, and Festival Caminhos in Portugal, to name a few. It won the Audience Choice Award at the 2008 MotherBaby International Film Festival in Bermuda.

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PRESS CONTACT: Linda Verdon • Linda@verdonpr.com • 917-576-7214